

Orleans County Office For The Aging

Helping Seniors Help Themselves

(585) 589-3191 email - aging@orleanscountyny.gov

Home Services

MEALS-ON-WHEELS - A hot nutritious meal delivered around noon time. Call 589-5424 option 5.

CASE MANAGEMENT - Professional advice and discussion on how to meet home care needs.

HOME CARE AIDES - Personal care and housekeeper aides to help you in your home; cost is income based.

LIFELINE (PERSONAL EMERGENCY RESPONSE SYSTEM) -

A unit and personal help button in the home to call for help when an emergency arises. "Help needed" call rings at Emergency Response Center. Designated friends, relatives or neighbors are called to check on person.

OUTREACH VISITS - Visits to homebound, frail elderly to link to necessary community services.

Support Services Information & Assistance

INFORMATION & ASSISTANCE-

Detailed consultation regarding services and benefits you may be entitled to keep you safe and living independently. Call 589-3191 to schedule an appointment or for a referral to an appropriate agency.

CAREGIVER ASSISTANCE & LONG TERM CARE To support caregivers providing assistance to seniors in the community. Services include information, counseling, training, respite services, caregiver newsletter, support groups, information and/or referral to long care services. Assistance and counseling with transition from home based care to adult care facility or nursing home care. Call 589-3192 for more information.

TRANSPORTATION- RTS-Orleans Transit Service, Medina Taxi and Volunteer Transportation. These services provide transportation to Orleans County residents 60 and older to and from medical appointments.

CONGREGATE NUTRITION CENTERS (NUTRIFAIR) - Hot noon meals at two sites throughout the county, with scheduled daily activities. Call 589-7817 option 5 for a reservation. Doors open at 10:30 am, lunch at Noon.

Albion - Albion Academy, 16 East Academy St. Monday—Friday

Kendall - Kendall Town Hall, Route 237 Wednesday & Friday only.

LEGAL SERVICES - Legal advice and assistance may be available if over age 60; call Office for the Aging at 589-3191.

MONTHLY NEWSLETTER - Home delivery bi-monthly or email delivery monthly of "The Friendly Carrier" for helpful, informative, up-to-date articles and ideas for senior citizens.

Orleans NY Connects—Information and assistance for older adults, disabled individuals of any age, and families. Call 589-3191 to schedule an appointment or for a referral to an appropriate agency.

HEALTH INSURANCE COUNSELING-Assistance with comparing options, Original Medicare, Supplemental plans, Medicare Advantage plans, prescription benefits and long term care insurance.

PUBLIC BENEFIT APPLICATION ASSISTANCE- Assistance with filling out application for HEAP, SNAP, Medicaid, Medicare, Section 8 Housing, Social Security, Telephone discount programs and Property Tax Exemptions.

Volunteer Opportunities

Have some free time? Looking to do something helpful? Office for the Aging is always in need of volunteers for the following: (Call for Application)

Advisory Council - members meet monthly and advise on activities, planning, budgeting, outreach for seniors and senior services in Orleans County.

Meals-on-Wheels drivers to deliver meals to the homebound. Call 589-5424 option 5.

Newsletter Volunteers - assist in compiling the monthly newsletter, The Friendly Carrier.

Office Volunteers -to assist in clerical duties; filing, copying, collating and typing.

Transportation Volunteers help with transportation needs of Orleans seniors.

FREQUENTLY ASKED PHONE NUMBERS

DMV	(585) 589-3214
PUBLIC HEALTH	(585) 589-3278
MENTAL HEALTH	(585) 589-3260
VETERENS OFFICE	(585) 589-3218
MEALS ON WHEELS	(585) 589-5424 option 5
SOCIAL SECURITY	(866) 931-7103 Batavia (800) 772-1213 National
MEDICARE DO NOT CALL REGISTRY	(800) 633-4227 (888) 382-1212
INDEPENDENT LIVING OF GENESEE & ORLEANS COMMUNITY ACTION OF GENESEE & ORLEANS MINISTRY OF CONCERN CATHOLIC CHARITIES FRIENDLY PHONES	(585) 815-8501 (585) 589-5605 (585) 589-9210 (585) 343-0614

CARE & CRISES HELP LINE

(585) 283-5200 Text Line 741741

MENTAL HEALTH ASSOCIATION OF GENESEE & ORLEANS COUNTIES-

WARM LINE – (585) 813-0072 NON CRISIS SEVEN DAYS A WEEK 5:00PM – 8:30PM.



NY Connects
Your Link to Long Term
Services and Supports